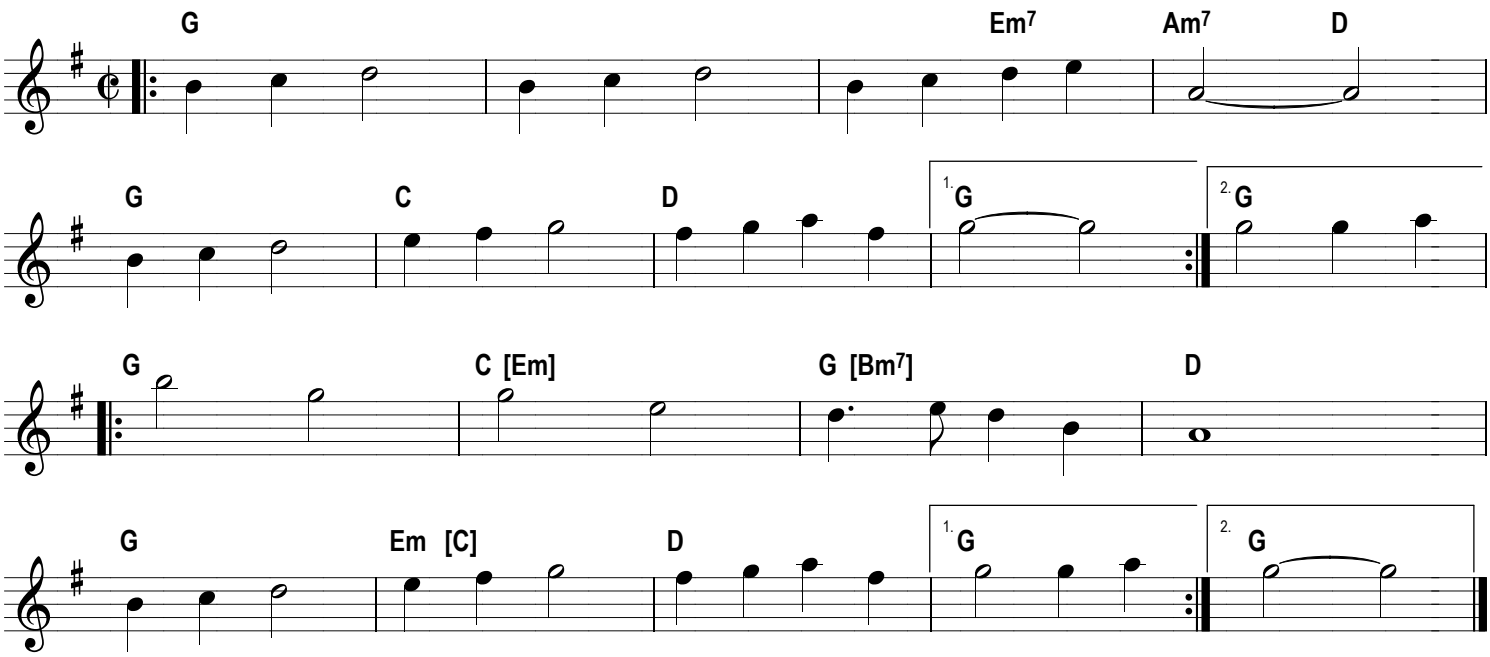Nelly Bligh