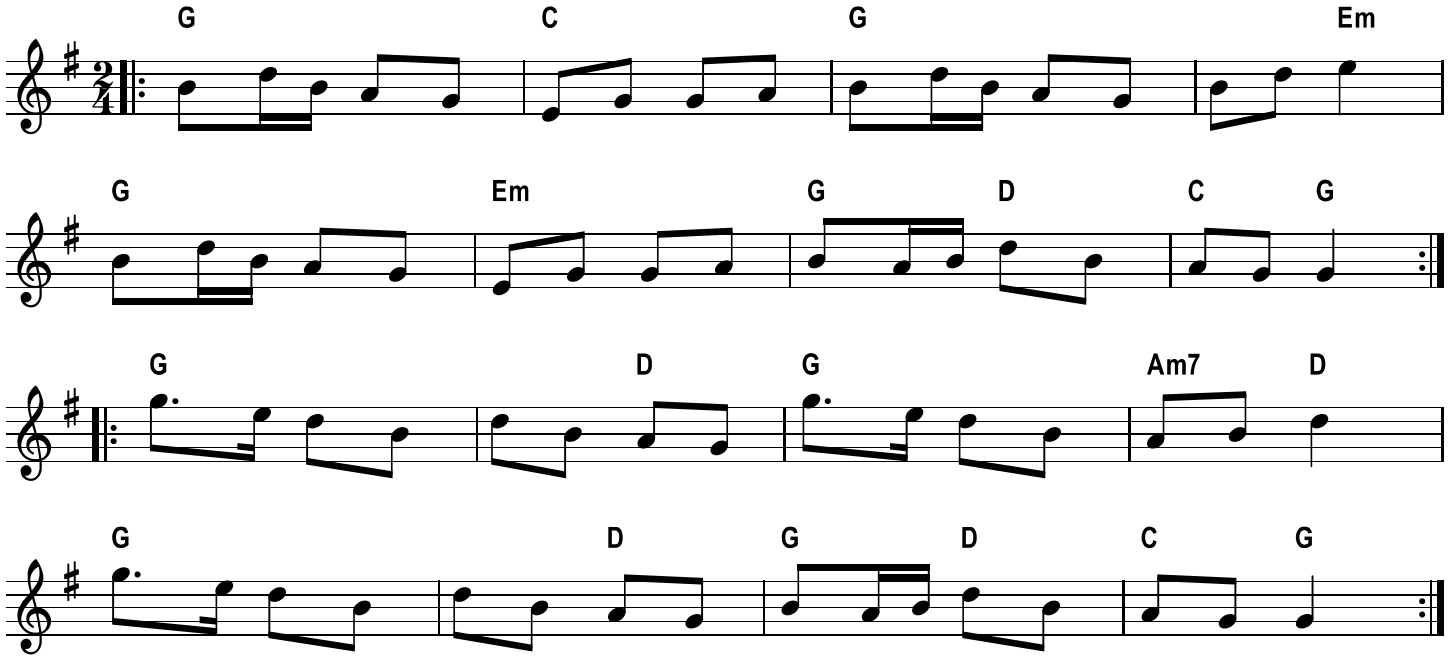Ballyhoura mountains