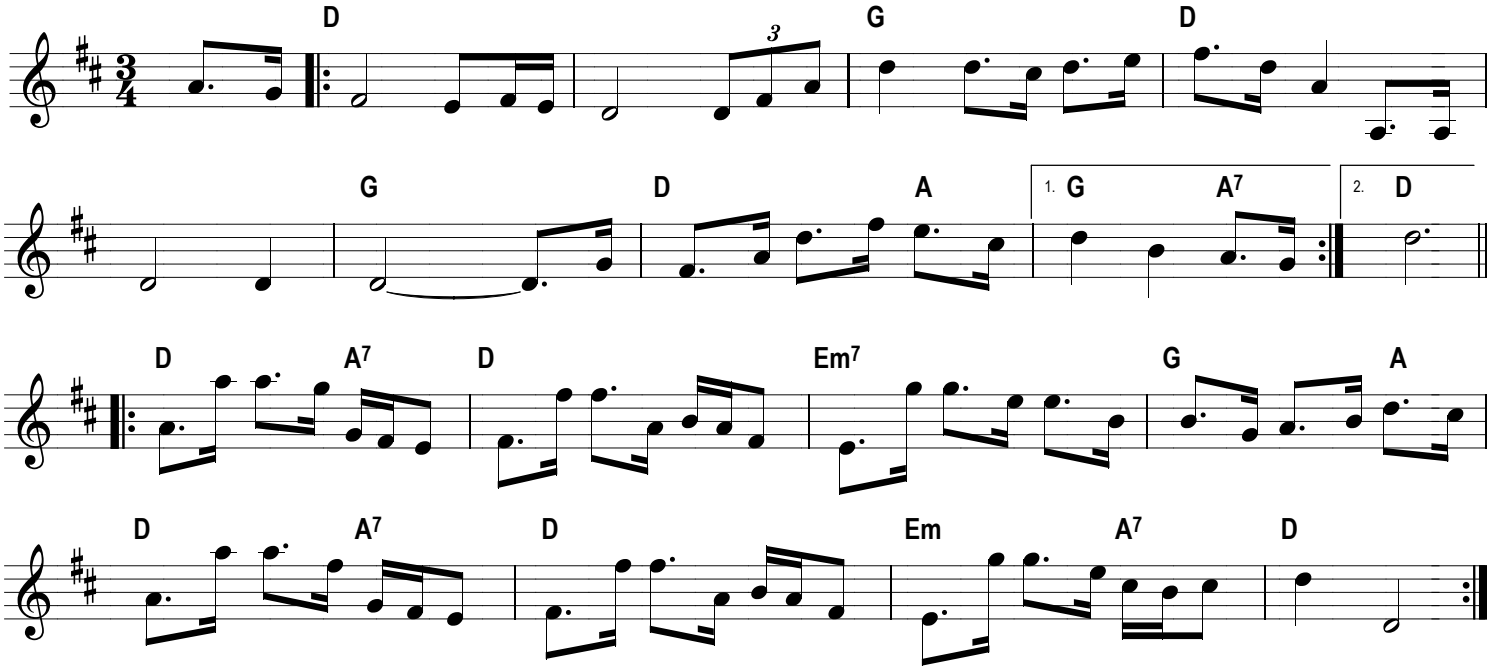Björnvals från Skåne (No. 1)