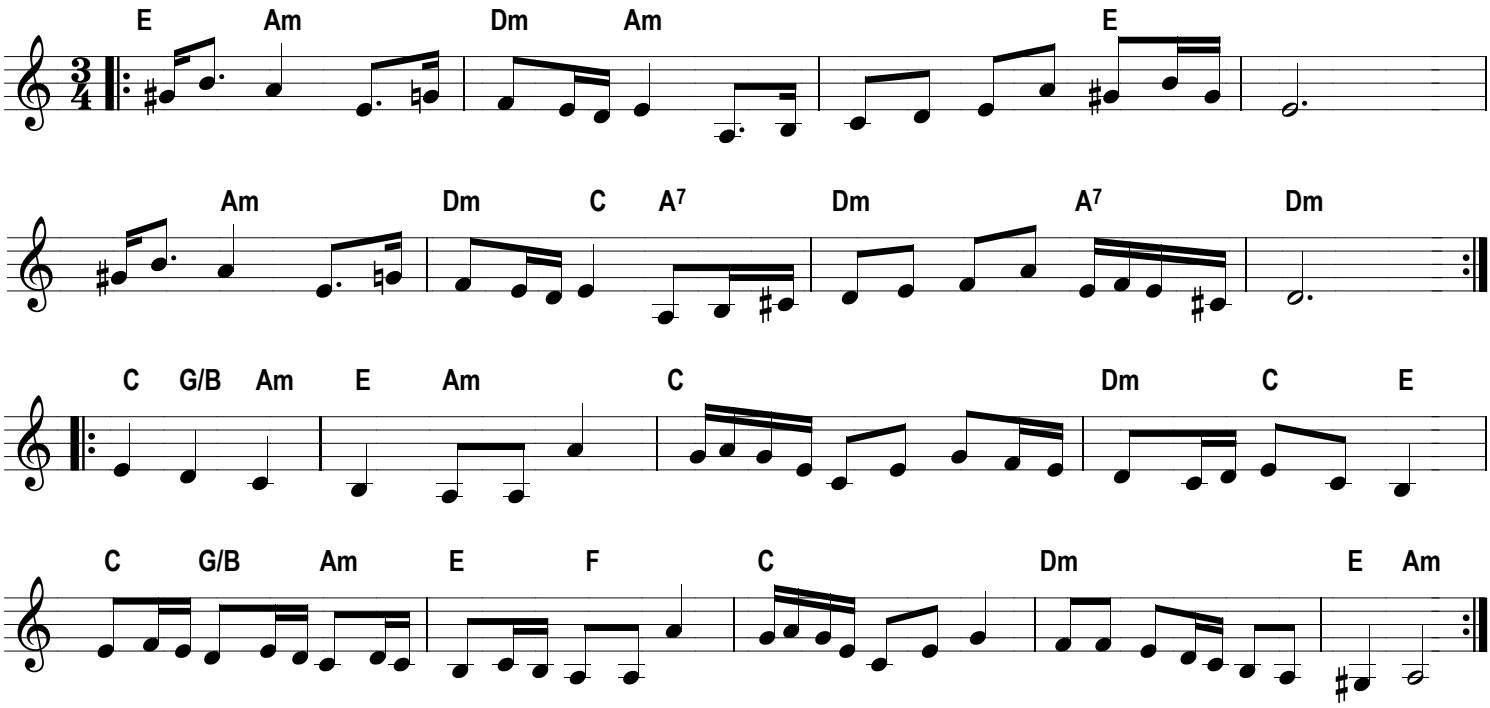Blomgrens polska