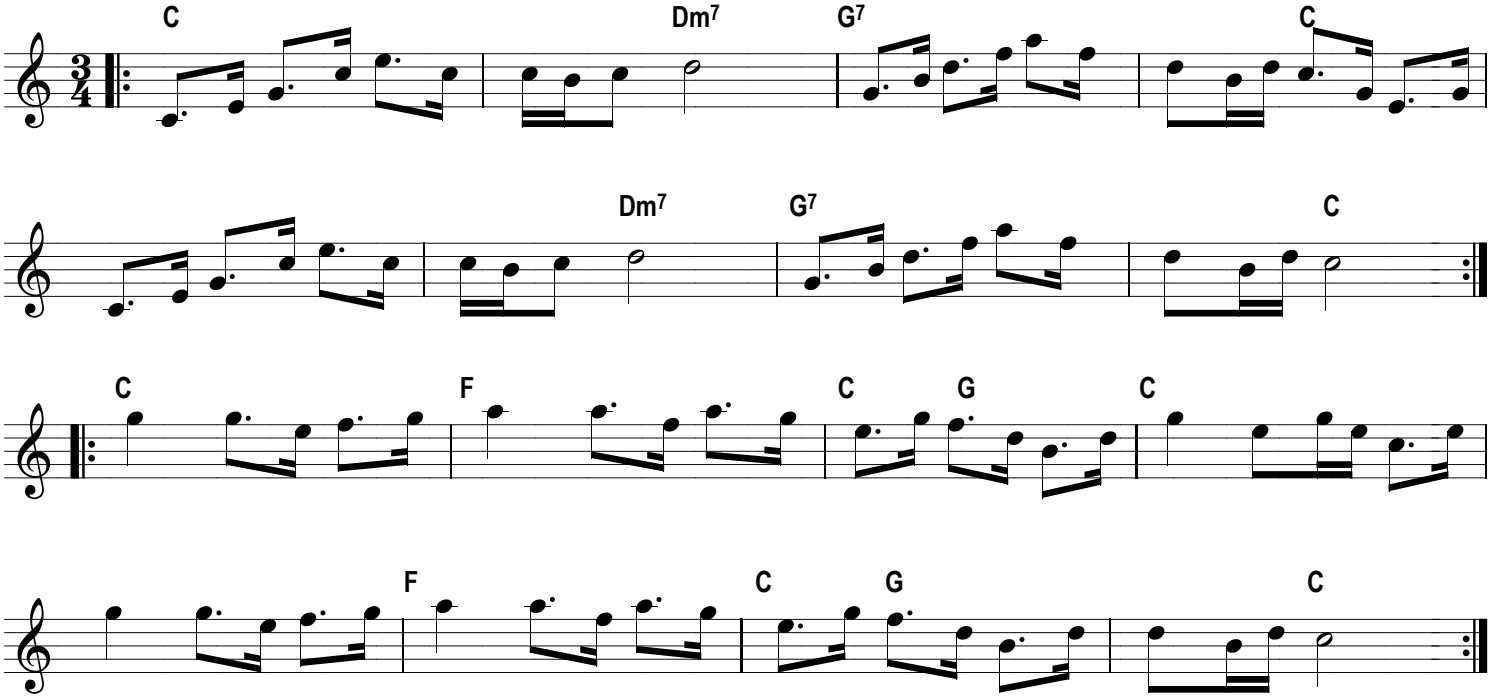Bondpolska efter Mats Wesslen