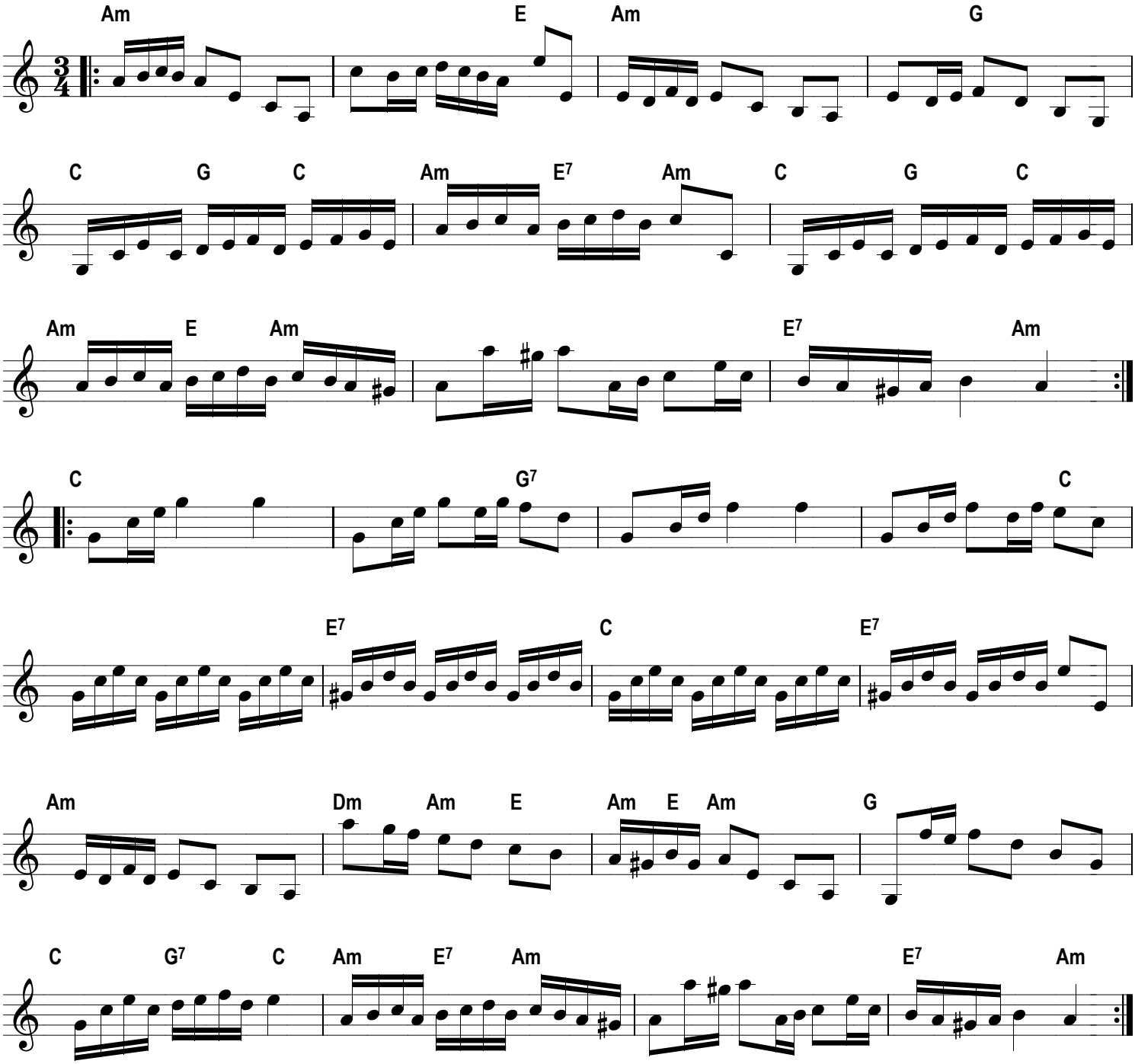Knuss-Olles livsstycke