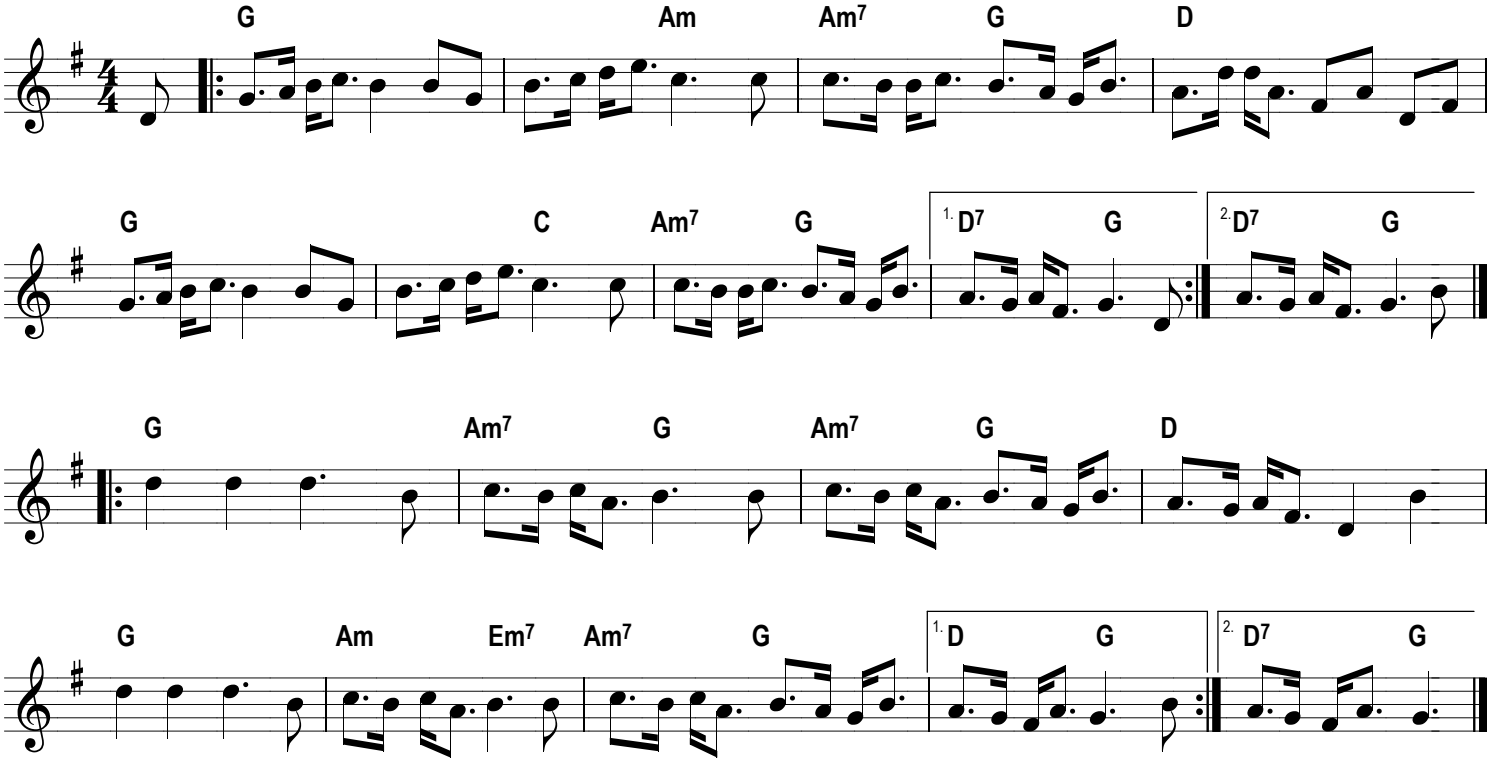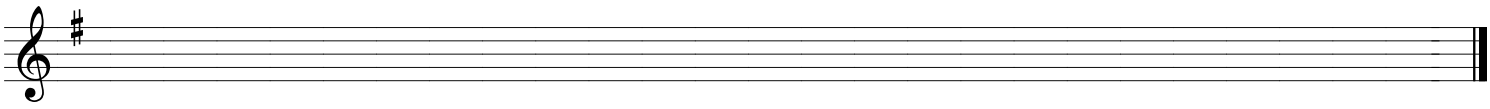Lilla Schottis