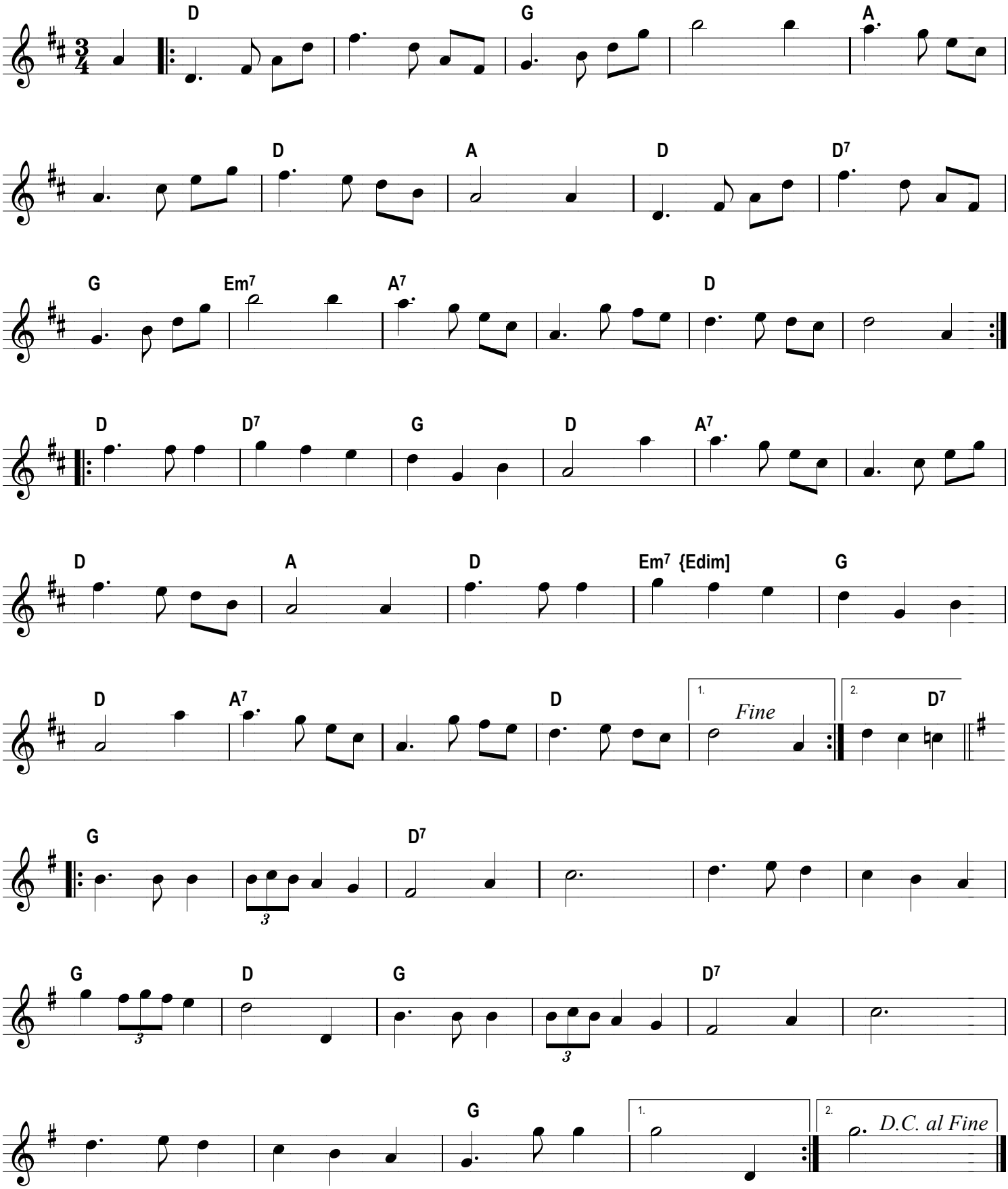Livet i Finnskogarna