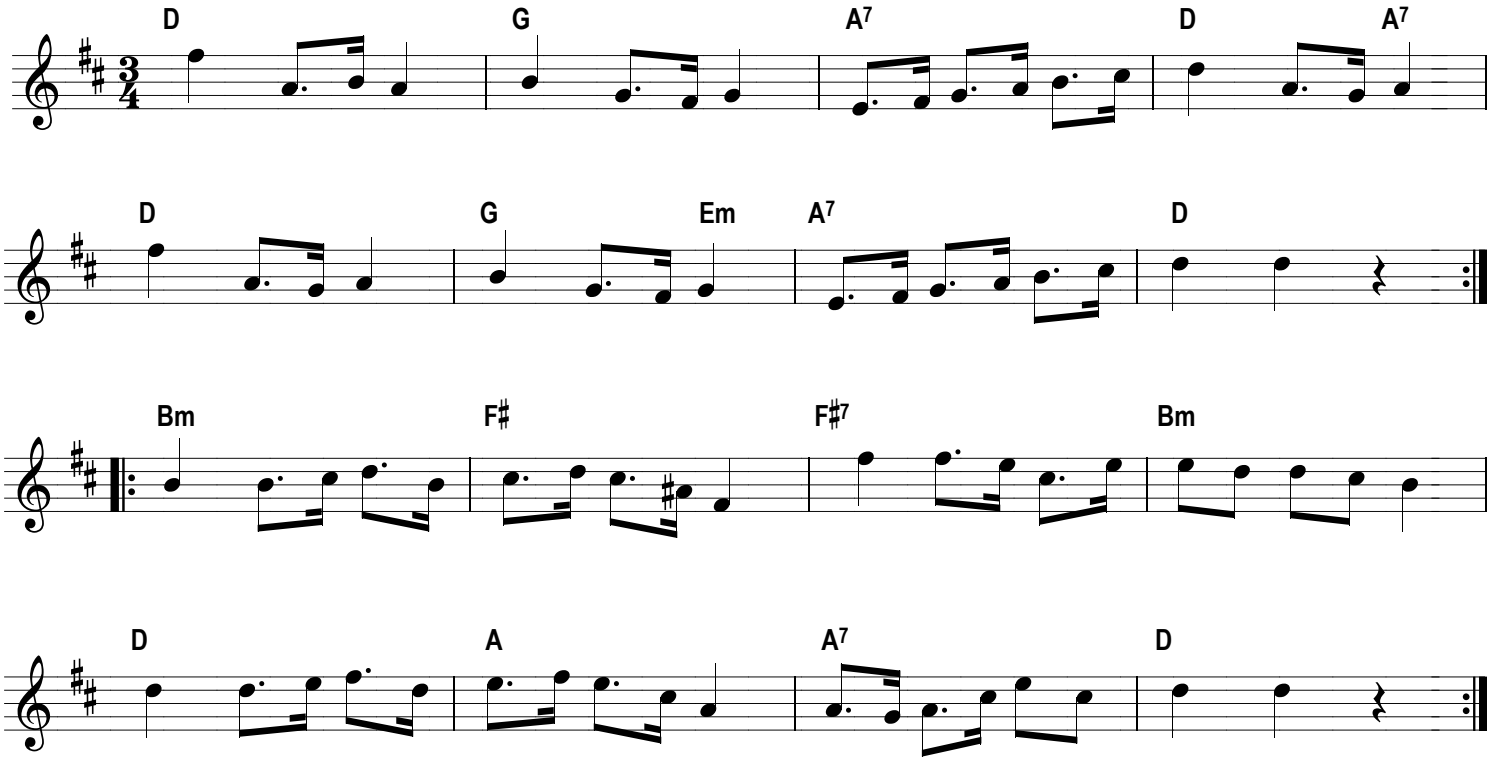Martis-Johans mazurka