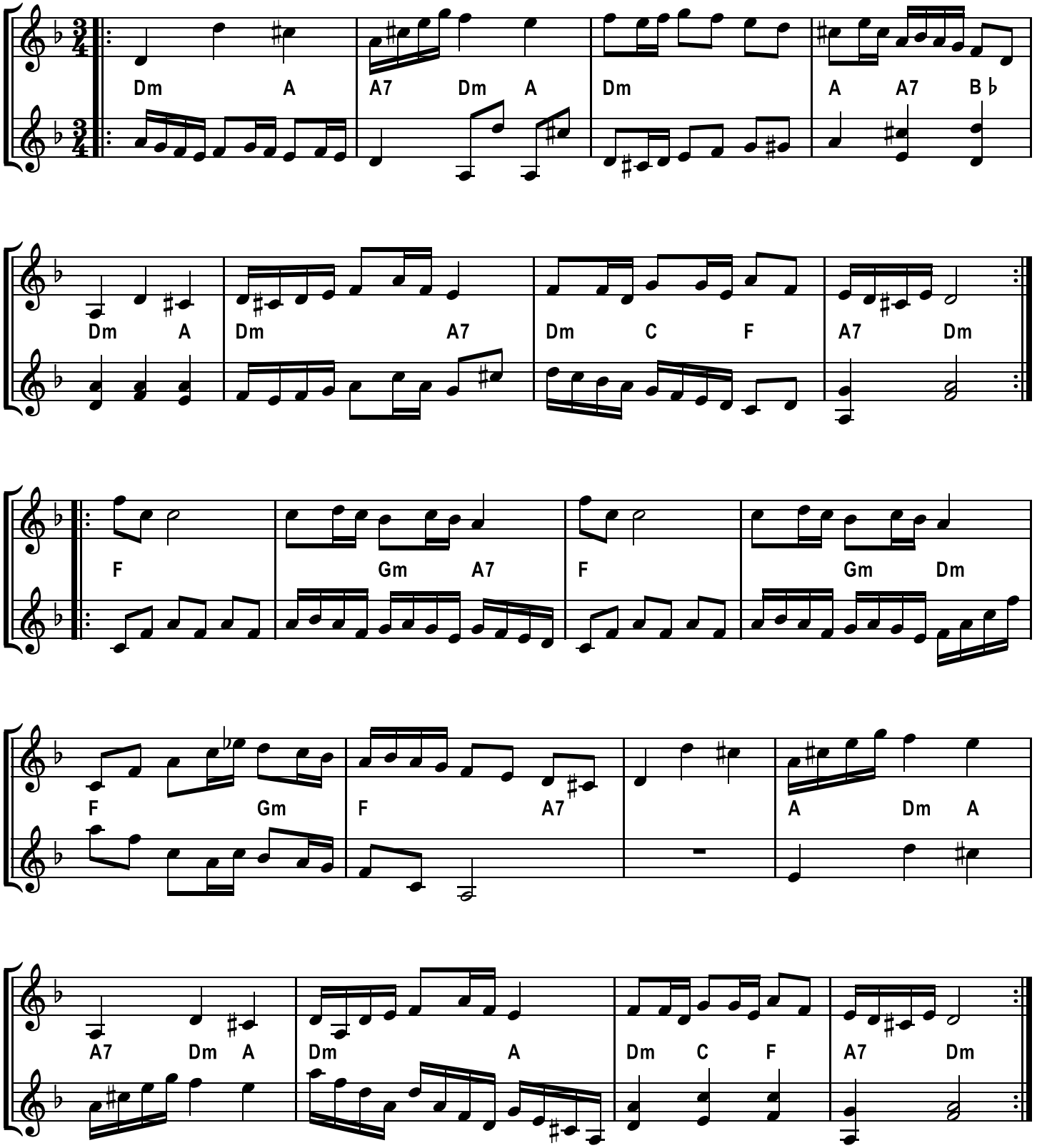Polska från Hälsingland (Dragonmössan)