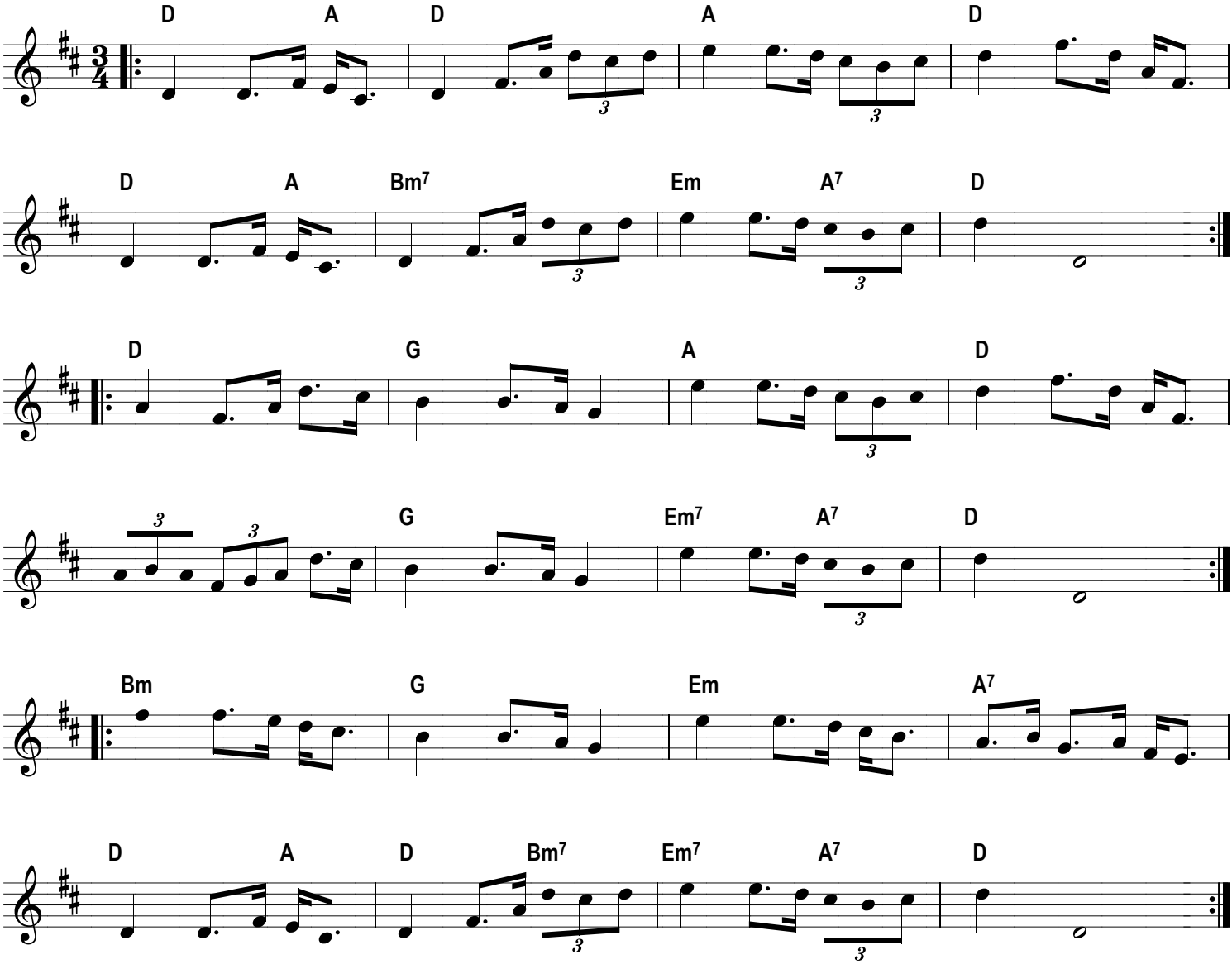Polska (Hambo) från Fjällnäs