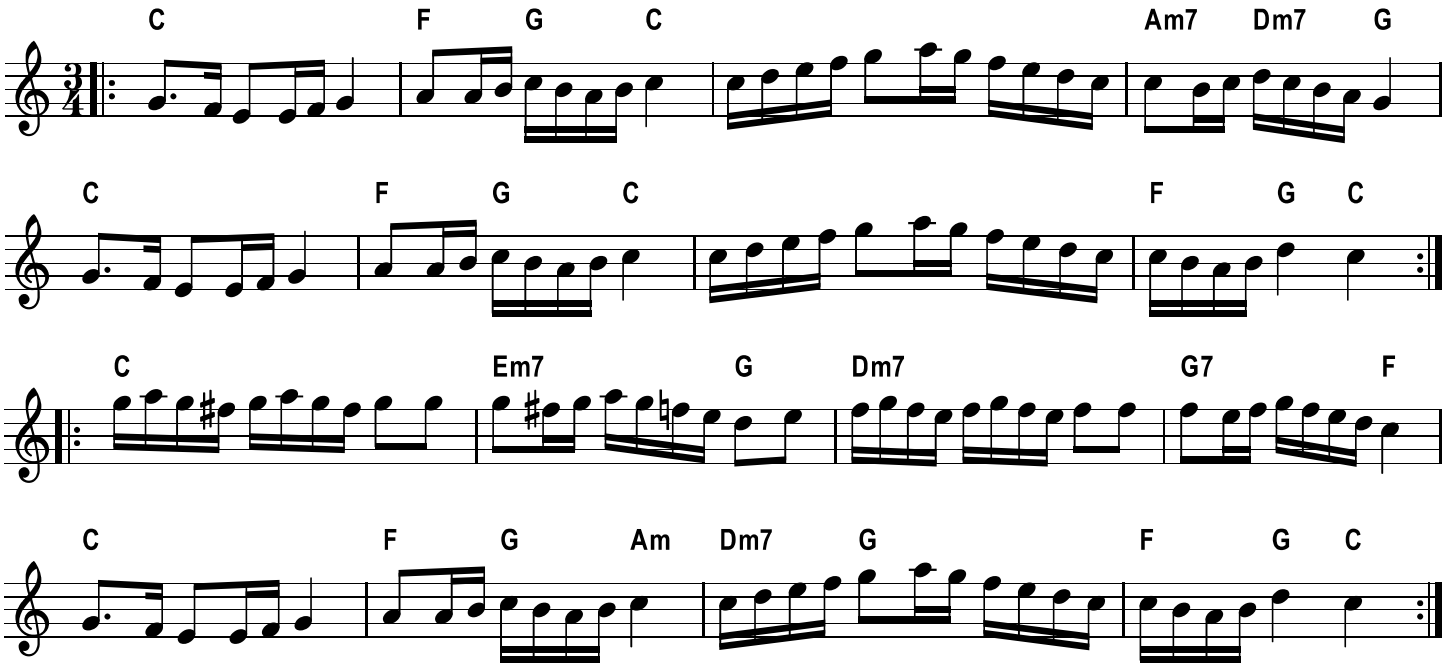Polska efter Carl Sved