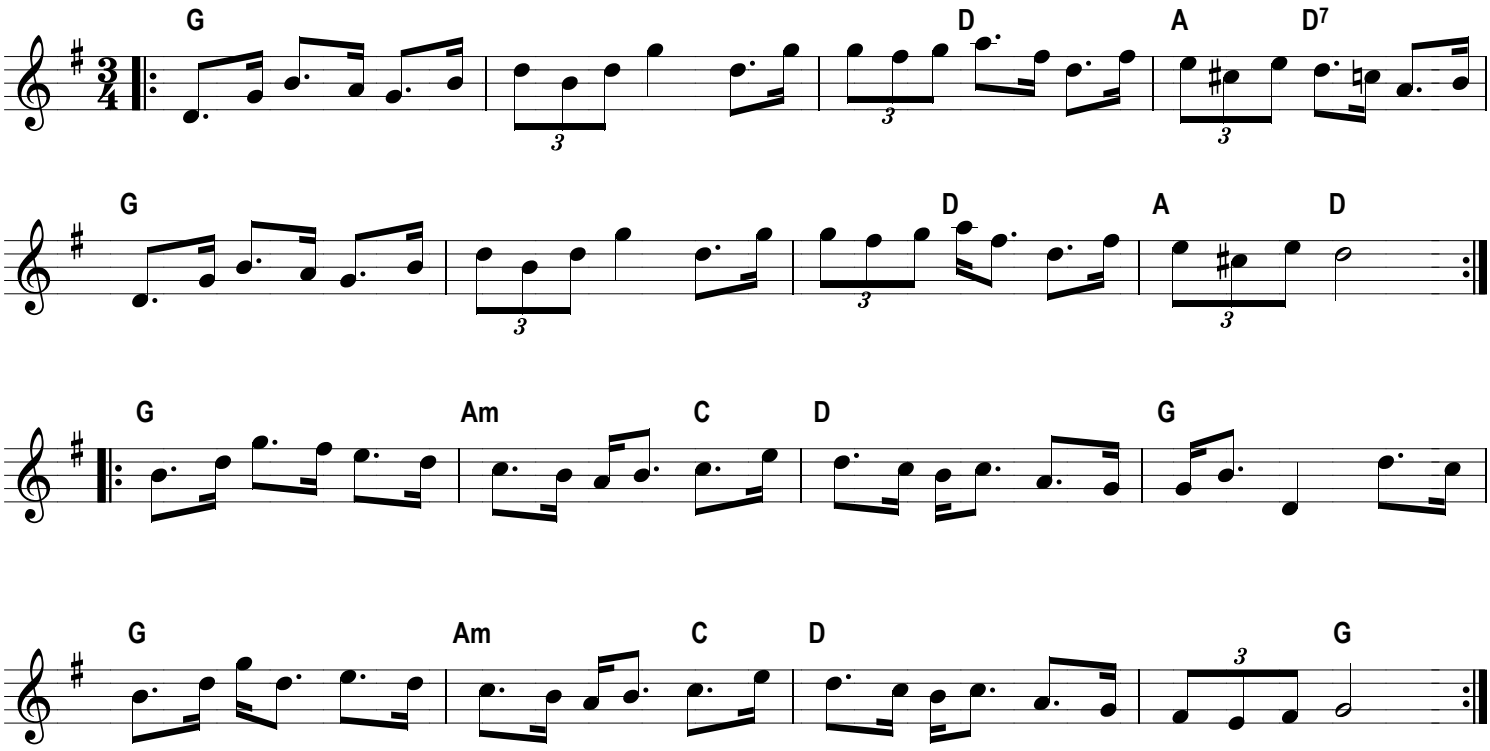Polska efter Gås Anders